

Ashland County Council on Aging

August, 2024

Mon	Tue	Wed	Thu	Fri
			1. Sloppy Joe w/Bun Potato Wedges Mixed Vegetables Peaches	2. Chicken Pot Pie Over a biscuit Mashed Potatoes Cauliflower Blend Mixed Fruit
5. B.L.T. Salad Lettuce, Bacon, Tomato Cheese, Croutons Fresh Fruit W. Grain Muffin	6. Sweet & Sour Meatballs over rice Broccoli Tropical Fruit W. Grain Roll	7. Grilled Chicken Breast Baby Bakers Spinach Pears W. Wheat Bread	8. Cheese Omelet Turkey Sausage Links Stewed Tomatoes Applesauce W. Grain Muffin	9. Stuffed Peppers Mashed Potatoes Corn Mandarin Oranges W. Wheat Bread
12. Chicken Salad on a Bun Three Bean Salad Apricots Baby Carrots	13. Mac & Cheese Zucchini & Tomato Succotash Mixed Fruit W. Wheat Bread	14. Chicken Tenders Baby Bakers Normandy Vegetable Blend Pineapple Tidbits W. Grain Roll	15. Coney's Potato Wedges Peas Pears	16. Turkey Rueben Casserole Mashed Potatoes Green Beans Grapes W. Wheat Bread
19. Oriental Chicken Salad Lettuce, Cheese, Craisins, Chow Mein Noodles Pineapple Chunks W. Grain Muffin	20. Cheeseburger Baked Beans Potato Salad Apple	21. Fish Sandwich W/Cheese Corn Cole Slaw Peaches	22. Chicken Casserole Peas Broccoli Applesauce W. Wheat Bread	23. Salisbury Steak Mashed Potatoes Capri Vegetables Tropical Fruit W. Wheat Bread
26. Egg Salad on a Croissant Pickled Beets Pears Sun Chips	27. Lasagna Roll Ups Green Beans Mandarin Oranges W.. Grain Roll	28. Orange Chicken Over Rice Far East Vegetable Pineapple Tidbits W. Wheat Bread	29. Bratwurst W/Bun Mixed Vegetables Brussel Sprouts Mixed Fruit	30. Hamburger Gravy Mashed Potatoes Carrots Peaches W. Wheat Bread
	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL	SUBSTITUTION OF THE MONTH IS A BEEF HOTDOG PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITU- TION.		MENU IS SUBJECT TO CHANGE WITHOUT NOTICE