

Ashland County Council on Aging

January, 2025

Mon	Tue	Wed	Thu	Fri
		1. AGENCY CLOSED	2. Chicken Salad on a Croissant Cucumber Salad Applesauce Chips	3. Stuffed Peppers Mashed Potatoes Mixed Vegetables Fresh Orange W. Wheat Bread
6. Coney Dog W/Bun Baby Bakers Baked Beans Tropical Fruit Granola Bar	7. White Chicken Chili w/ Crackers Carrots Peaches Cornbread	8. Pollock Sweet Potatoes Peas Pineapple Tidbits W. Grain Roll	9. Barbecue Grilled Chicken Rice Spinach Mandarin Oranges W. Wheat Bread	10. Taco Casserole Corn Apple W. Grain Roll
13. Ham & Cheddar on a Mini Bun Cole Slaw Pineapple Chunks Pudding	14. Sausage Gravy Over a biscuit Breakfast Potatoes Baby Carrots Warm Applesauce Yogurt	15. Turkey Burger W/Cheese Butter Beans Nantucket Blend Mixed Fruit	16. Chicken Tenders Zucchini Squash Tropical Fruit W. Grain Roll	17. Ham & Scalloped Potatoes California Blend Peas Grapes W. Wheat Bread
20. AGENCY CLOSED	21. Tuna Salad On Wheat Bread Zesty Pasta Salad Fruit Cocktail Strawberry Craisins	22. Mushroom Swiss Burger Baby Bakers Corn Pears	23. Chicken & Noddle Peas Carrots Applesauce W. Grain Roll	24. Meatloaf w/Gravy Mashed Potatoes Green Beans Peaches W. Wheat Bread
27. Egg Salad on a Croissant Pickled Beets Tropical Fruit Salad Cookie	28. Cheeseburger w/Bun Cubed Potatoes Scandinavian Blend Mixed Fruit	29. Lasagna Roll Ups Normandy Blend Mandarin Oranges W. Wheat Bread	30. Creamed Turkey Over Stuffing Roasted Root Vegetable Blend Country Apples W. Grain Roll	31. Tater Tot Casserole Zucchini & Tomatoes Fresh Pear W. Wheat Bread
	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL	SUBSTITUTION OF THE MONTH IS A CHICKEN PATTY. PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITUTION.		MENU IS SUBJECT TO CHANGE WITHOUT NOTICE