

# Ashland County Council on Aging

## December, 2024

Mon	Tue	Wed	Thu	Fri
2. Ham Salad on a Mini Bun Cottage Cheese Apricots Baby Carrots Pudding	3. Barbecue Chicken Drumsticks Baked Beans Parsley Potatoes Mixed Fruit W Grain Roll	4. Fish Sandwich w/Bun Macaroni & Cheese Corn Peaches	5. Chicken & Broccoli Rice Casserole Lima Beans Pineapple Tidbits W. Grain Roll	6. Hamburger Gravy Mashed Potatoes Normandy Blend Orange W. Wheat Bread
9. Potato Soup w/Crackers Green Beans Applesauce Corn Bread	10. Meatball Sub w/Mozzarella Cheese Macaroni Salad Cauliflower	11. Grilled Chicken Rice Carrots Tropical Fruit W. Wheat Bread	12. Cheese Omelet Stewed Tomatoes Country Apples W. Grain Muffin	13. Cabbage Rolls Mashed Potatoes Mixed Vegetables Pears W. Wheat Bread
16. Sloppy Joe w/Bun Potato Wedges Peas Tropical Fruit	17. Alfredo Chicken Tortellini Bake Zucchini & Squash Mandarin Oranges W. Grain Roll	18. Goulash Corn Brussel Sprouts Peaches W. Wheat Bread	19. Shredded Chicken on a Bun Spinach Succotash Mixed Fruit	20. Pizza Casserole Nantucket Blend Apple W. Grain Roll
23. Egg Salad on a Croissant Pickled Beets Fruit Cocktail Sun Chips	24. Ham Slice Cheesy Potatoes Green Beans Pineapple Tidbits W. Grain Roll Dessert	25. AGENCY CLOSED	26. Chicken Pot Pie Over a Biscuit Mashed Potatoes Broccoli Applesauce	27. Tuna & Noodles Casserole Peas Corn Grapes W. Wheat Bread
30. Turkey & Cheddar on a Mini Bun Three Bean Salad Fresh Fruit Granola Bar	31. Bratwurst w/Bun & Sauerkraut Baby Bakers Carrots Mandarin Oranges			
	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL	SUBSTITUTION OF THE MONTH IS A BEEF HOTDOG . PLEASE GIVE 24 HOURS NO- TICE TO REQUEST A SUBSTITUTION.		MENU IS SUBJECT TO CHANGE WITHOUT NOTICE