

Ashland County Council on Aging

February, 2026

Mon	Tue	Wed	Thu	Fri
2. Egg Salad on Wheat Bread Pickled Beets Applesauce W. Grain Sun Chips Yogurt	3. Shredded Chicken On a Bun Steak Fries Broccoli Peaches	4. Goulash Peas Carrots Mixed Fruit W. Grain Roll	5. Chicken Drumsticks Parsley Potatoes Nantucket Blend Tropical Fruit W. Grain Roll	6. Cabbage Roll Mashed Potatoes Green Beans Fresh Orange W. Wheat Bread Cheese Stick
9. Mushroom Swiss Burger w/Bun Roasted Root Vegetables Spinach Pineapple Tidbits	10. Chicken Tenders Cheesy Potatoes Lima Beans Mandarin Oranges W. Grain Roll	11. Swedish Meatballs Over Pasta California Blend Mixed Fruit W. Wheat Bread	12. Egg Bites w/Bacon Peppers, Cheese, Hash Browns Stewed Tomatoes Warm Applesauce W. Grain Muffin Yogurt	13. W. Grain Breaded Pollock Sweet Potatoes Corn Fresh Pear W. Wheat Bread
16. AGENCY CLOSED	17. Deli Turkey On a Mini Bun Cottage Cheese Baby Carrots Peaches W. Grain Sun Chips Cherry Gelatin	18. Hamburger Soup Brussel Sprouts Country Apples W. Grain Corn Muffin	19. Chicken Cordon Bleu Cauliflower Florets Pineapple Tidbits W. Grain Roll	20. Salisbury Steak w/Gravy Mashed Potatoes Mixed Vegetables Fresh Grapes W. Wheat Bread
23. Sloppy Joes w/Bun Baby Bakers Corn Mandarin Oranges	24. Chicken & Dumplings Green Beans Normandy Blend Peaches W. Wheat Bread Low Sodium V-8	25. Chef's Choice	26. Marinated Chicken Breast W. Grain Rice Carrots Tropical Fruit W. Wheat Bread	27. Tuna & Noodle Casserole Peas Zucchini Fresh Apple W. Grain Roll
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL		SUBSTITUTION OF THE MONTH IS A BEEF HOTDOG PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITUTION.