

Ashland County Council on Aging

September, 2024

Mon	Tue	Wed	Thu	Fri
2. AGENCY CLOSED	3. Tuna Salad w/Bun Three Bean Salad Applesauce Sun Chips	4. Chili w/Crackers Peas Carrots Mixed Fruit Cornbread	5. Shredded Turkey Over Mashed Potatoes Corn Peaches W. Wheat Bread	6. Ham & Scalloped Potatoes Green Beans Normandy Blend Grapes W. Grain Roll
9. Barbecue Chicken Drumsticks Broccoli Cauliflower Tropical Fruit W. Wheat Bread	10. Cheeseburger Mac Mixed Vegetables Pears W. Grain Roll	11. Grilled Chicken On a Bun Rice Lima Beans Pineapple Tidbits	12. Bacon, Egg & Cheese on a Croissant Stewed Tomatoes Country Apples Yogurt	13. Beef Stew Over a biscuit Capri Vegetables Orange
16. Turkey Chef Salad w/Turkey, Lettuce, Egg, Tomato, Cheese, Croutons Peaches W. Grain Muffin	17. Goulash Corn Peas Tropical Fruit W. Grain Roll	18. Shredded Chicken W/Bun Baby Bakers Spinach Mixed Fruit	19. Beef Hotdog W/Bun Macaroni & Cheese Zucchini & Tomato Pineapple Tidbits	20. Cabbage Roll Mashed Potatoes Green Beans Apple W. Wheat Bread
23. Hawaiian Chef Salad w/Ham, Lettuce, Tomato, Swiss Cheese, Pineapple Tidbits, Tortilla Strips Fresh Fruit W. Grain Muffin	24. Meatloaf w/Gravy Mashed Potatoes Carrots Mandarin Oranges W. Wheat Bread	25. Pulled Pork W/Bun Corn Coleslaw Tropical Fruit	26. Cheeseburger W/Bun Baked Beans California Blend Applesauce	27. Pollock Mashed Sweet Potatoes Nantucket Veg. Pear W. Wheat Bread
30. Chicken Chef Salad w/Chicken, Lettuce, Egg, Cheese, Tomato, Croutons Apricots W. Grain Muffin				
	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL	SUBSTITUTION OF THE MONTH IS A PIZZA BURGER PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITU- TION.		MENU IS SUBJECT TO CHANGE WITHOUT NOTICE