

Ashland County Council on Aging

November, 2022

Mon	Tue	Wed	Thu	Fri
	1. Chicken Pot Pie W. Beets Warm Applesauce Biscuit	2. Goulash Broccoli Grapes W. Grain Roll	3. Fish Sandwich/Bun W/ Cheese Cole Slaw Corn Mixed Fruit	4. Pizza Casserole Green Beans Tropical Fruit W. Grain Roll
7. Turkey Chef Salad Egg, Tomato, Cheese, Croutons. Fruit Salad W. Grain Muffin	8. Ham and Scalloped Potato's Carrots Peaches W. Wheat Bread	9. Cheeseburger/Bun Baby Bakers Brussel Sprouts Apple	10. Breaded Chicken Strips Garden Rice Peas Mandarin Oranges W. Grain Roll	11. AGENCY CLOSED
14. Tuna Salad/ Croissant Bean Medley Salad Fruit Cocktail W. Grain Muffin	15. Potato and Ham Soup Diced Carrots. Mixed Fruit W. Grain Roll	16. Sloppy Joe/ Bun Macaroni & Cheese Spinach Orange	17. Creamy Chicken Ritz Casserole Diced Potato's Mixed Vegetables Applesauce W. Wheat Bread	18. Egg, Turkey Sausage Patty w/Cheese on a Croissant Breakfast Potato's Tropical Fruit Yogurt
21. Ham and Swiss Cheese / Bun Macaroni Salad Pineapple Chunks Raisins	22. Taco Casserole Mexican Rice Corn Peaches Box of Raisins W. Wheat Bread	23. Turkey In Gravy Mashed Potato's Stuffing Green Beans Fudge Brownie W. Grain Roll	24. AGENCY CLOSED	25. AGENCY CLOSED
28. Chili W/Crackers Peas Fresh Pear Corn Bread Muffin	29. Shredded Chicken w/Bun Ranch Potato's California Blend Tropical Fruit	30. Lasagna Roll Ups In Marinara Sauce Green Beans Apple W. Grain Roll	SUBSTITUTION OF THE MONTH IS GRILLED CHEESE PLEASE GIVE A 24 NOTICE	MENU IS SUBJECT TO CHANGE WITHOUT NOTICE
	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL			