

Ashland County Council on Aging

November, 2024

| Mon | Tue | Wed | Thu | Fri |
|---|--|--|---|---|
| | | | | 1. Pulled Pork w/Bun Mac & Cheese Peas Fresh Pear |
| 4. Turkey Chef Salad W/ Turkey, Lettuce, Egg, Tomato, Cheese, Croutons Peaches W. Grain Muffin | 5. Ham & Scalloped Potatoes California Blend Mixed Fruit W. Wheat Bread | 6. Pollock Corn Coleslaw Mandarin Oranges W. Wheat Bread | 7. Chicken Casserole Zucchini Squash Tropical Fruit W. Grain Roll | 8. Meatloaf w/Gravy Mashed Potatoes Green Beans Grapes W. Wheat Bread |
| 11. AGENCY CLOSED | 12. Tuna Salad On a Croissant Pickled Beets Fruit Cocktail Chips | 13. Cheeseburger w/Bun Baby Bakers Corn Mixed Fruit | 14. Grilled Chicken Rice Brussel Sprouts Peaches W. Wheat Bread | 15. Cabbage Rolls Mashed Potatoes Capri Vegetables Fresh Orange W. Grain Roll |
| 18. Ham & Swiss on Wheat Bread Three Bean Salad Fresh Fruit Pudding | 19. Turkey Sausage, Egg, & Cheese on a Croissant Stewed Tomatoes Warm Applesauce Yogurt | 20. Beef Hot Dog w/Bun Baked Beans Nantucket Vegetable Mandarin Oranges | 21. Cheeseburger Mac Green Beans Peaches W. Grain Roll | 22. Chili w/Crackers Peas Carrots Tropical Fruit Corn Bread |
| 25. Deli Turkey w/Bun Cottage Cheese Pineapple Chunks Baby Carrots Jello | 26. Lasagna Roll Ups Mixed Vegetables Applesauce W. Grain Roll | 27. Turkey & Gravy Mashed Potatoes Stuffing Green Beans Peaches W. Wheat Bread Dessert | 28. AGENCY CLOSED | 29. AGENCY CLOSED |
| | PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL | SUBSTITUTION OF THE MONTH IS A GRILLED CHEESE PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITU- TION. | | MENU IS SUBJECT TO CHANGE WITHOUT NOTICE |