

Ashland County Council on Aging

March, 2026

Mon	Tue	Wed	Thu	Fri
2. Chicken Salad on a Mini Bun Three Bean Salad Cantaloupe Chunks W. Grain Sun Chips Low Sodium V-8	3. Pulled Pork w/Bun Potato Wedges Brussel Sprouts Mixed Fruit	4. Taco Casserole Mexican Rice Corn Pineapple Tidbits	5. Chicken Fried Rice Stir Fry Vegetables Spinach Warm Pears W. Grain Roll	6. Turkey Reuben Casserole Mashed Potatoes Green Beans Fresh Orange
9. Chili w/Crackers Peas Carrots Peaches W. Grain Corn Bread	10. Scalloped Potatoes & Ham California Blend Mandarin Oranges W. Grain Roll String Cheese	11. Lasagna Roll Up Mixed Vegetables Zucchini Applesauce W. Grain Roll	12. Chicken Drumsticks Sweet Potatoes Nantucket Blend Tropical Fruit W. Wheat Bread	13. Swedish Meatballs Over Pasta Capri Vegetables Cauliflower Florets Grapes Yogurt W. Wheat Bread
16. Turkey Burger w/Bun Baby Bakers Corn Mixed Fruit	17. Corned Beef Hash Egg Patty Cooked Cabbage Warm Applesauce W. Grain Roll	18. Ham & Cheese Slider w/Mini Bun Peas & Red Potatoes Caribbean Blend Peaches Sun Chips	19. Chicken Tortellini Bake Lima Beans Carrots Mandarin Oranges W. Wheat Bread	20. Stuffed Peppers Mashed Potatoes Green Beans Fresh Apple W. Wheat Bread
23. Cowboy Beans Nantucket Blend Tropical Fruit W. Grain Cornbread	24. Egg Omelet W/Cheese Turkey Sausage Links Stewed Tomatoes Applesauce W. Grain Muffin	25. Chicken Pot Pie Over a Biscuit Broccoli Florets Pineapple Tidbits String Cheese	26. Breaded Fish w/Bun Sweet Potatoes Corn Mixed Fruit	27. Barbecue Grilled Chicken Rice Brussel Sprouts Fresh Pear
30. Tuna Salad On Wheat Bread Pickled Beets Fresh Citrus Salad Hard Boiled Egg	31. Meatball Bowl W/ Mozzarella Cheese and Marinara Sauce Mixed Vegetables Fresh Orange W. Grain Garlic			
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL		SUBSTITUTION OF THE MONTH IS A CHEESEBURGER PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITUTION.