

# Ashland County Council on Aging

## August, 2022

Mon	Tue	Wed	Thu	Fri
1. Hawaii Chef Salad Lettuce, Ham, Tomato Swiss Cheese, Pineapple Tidbits, Tortilla Strips Apple Cinnamon Muffin	2. Cheeseburger/Bun French Fries Corn Mandarin Oranges	3. Fish Sticks Diced Potato's Broccoli Grapes W. Grain Roll	4. Shredded Chicken/Bun Potato Chips Peas Mixed Fruit	5. Stuffed Peppers Mashed Potato's Green Beans Peaches W. Wheat Bread
8. Turkey Chef Salad Egg, Tomato, Onion, Cheese, Croutons Fruit Salad W. Grain Roll	9. Chili / Crackers Carrots Tropical Fruit Corn Bread Muffin	10. Chicken Pot Pie W. Beets Warm Applesauce Biscuit	11. Fish Sandwich/Bun w/Cheese Cole Slaw Mixed Vegetables Mandarin Oranges	12. Pizza Casserole Green Beans Peaches W. Grain Roll
15. Cold Ham & Swiss W. Wheat Bun Sun Chips Three Bean Salad Banana	16. Egg, Turkey Sausage Patty w/Cheese on a Croissant Breakfast Potato's Yogurt	17. Coney Dog Potato Salad Baked Beans Apple	18. Chicken & Noodle Mashed Potato's Green Beans Mixed Fruit W. Wheat Bread	19. Goulash Peas Applesauce W. Wheat Roll
22. BLT Chef Salad Bacon Bits, Red Onion, Tomato, Chees, Croutons Pineapple Chunks Blueberry Muffin	23. Chicken Broccoli Rice Casserole Corn Tropical Fruit	24. Tuna Salad Croissant Sliced Beets Apricots	25. Macaroni & Cheese Zucchini & Tomato Peaches W. Grain Roll	26. Hamburger Gravy Mashed Potato's Carrots Mandarin Oranges W. Wheat Bread
29. Chicken Salad Sliders Zesty Pasta Salad Orange Cookie	30. Philly Cheese Casserole Peas Mixed Fruit W. Wheat Bread	31. Barbeque Pork/Bun Baby bakers Lima Beans Tropical Fruit		
SUBSTITUTION OF THE MONTH IS GRILLED CHEESE PLEASE GIVE A 24 NOTICE	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL	MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		