

Ashland County Council on Aging

December, 2025

Mon

Tue

Wed

Thu

Fri

1. Egg Salad On a Croissant Pickled Beets Cantaloupe Chunks Low Sodium V-8 Juice	2. Pulled Pork w/Bun Macaroni & Cheese Brussel Sprouts Peaches	3. Taco Casserole Mexican Rice Corn Mixed Fruit	4. White Chicken Chili W/Crackers Carrots Tropical Fruit W. Grain Cornbread	5. Hamburger Gravy Over Mashed Potatoes Green Beans Fresh Apple W. Grain Roll
8. Deli Turkey on a Mini Bun Coleslaw Banana Snack Carrots Sun Chips	9. Barbecue Grilled Chicken Baby Bakers Peas Mandarin Oranges W. Grain Roll	10. Sloppy Joes w/Bun Potato Wedges Mixed Vegetables Pears	11. Omelet w/Cheese Turkey Sausage Links Stewed Tomatoes Applesauce Whole Grain Muffin	12. Salmon Patty Whole Grain Bun Parsley Potatoes Broccoli Florets Grapes
15. Coney Dog w/Bun Baked Beans California Blend Pineapple Tidbits	16. Swedish Meatballs Over Pasta Carrots Lima Beans Mandarin Oranges W. Wheat Bread Cheese Stick	17. Green Beans with Potatoes and Ham Corn Country Apples Whole Grain Cornbread	18. Grilled Chicken Peas Harvest Blend Papaya & Mango W. Wheat Bread S. F. Pudding	19. Sausage Gravy Over a biscuit Roasted Yukon Potatoes Spinach Banana
22. Meatball Sub With Turkey Meatballs Cauliflower Florets Capri Vegetable Blend Tropical Fruit	23. Shredded Chicken On a Bun Potato Wedges Nantucket Blend Pears	24. Ham Slice Cheesy Potatoes Green Beans W. Wheat Bread Fresh Orange Dessert	25. AGENCY CLOSED	26. AGENCY CLOSED
29. Pollock Wedge Sweet Potatoes Mixed Vegetables Pineapple Tidbits W. Grain Roll Low Sodium V-8 Juice	30. Mushroom Swiss Burger w/Bun Baby Bakers Broccoli Peaches	31. Smoked Sausage With Sauerkraut Mashed Potatoes Peas & Carrots Applesauce W. Wheat Bread		
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL			SUBSTITUTION OF THE MONTH IS A TURKEY BURGER PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITUTION.