

Ashland County Council on Aging

June, 2022

Mon	Tue	Wed	Thu	Fri
		1. Philly Cheese Casserole Corn Apple W. Grain Roll	2. Fish Sandwich/Bun W/Cheese Slice Baby Bakers Spinach Peaches	3. Lasagna Roll Ups In Marinara Sauce Green Beans Tropical Fruit W. Wheat Bread
6. Chicken Chef Salad Lettuce, Egg, Tomato, Onion, Cheese, Croutons Fruit Citrus Salad W. Grain Banana Muffin	7. Bratwurst & Sauerkraut On Bun Diced Potato's Carrots Peaches	8. Homemade Chili W/ Crackers Peas Grapes Corn Bread	9. Pollock Sweet Potato's Broccoli Mandarin Oranges W. Grain Roll	10. Stuffed Peppers Mashed Potato's Green Beans Pears W. Wheat Bread
13. Hawaii Chef Salad Ham, Tomato, Swiss Cheese, Pineapple Tidbits, Tortilla Strips Apple Cin. Muffin	14. Sloppy Joe/Bun Ranch Potato Bake Peas Tropical Fruit	15. Tuna Salad/Croissant Three Bean Salad Fruit Cocktail Oreo Cookie	16. Cheese Omelet Turkey Sausage Links Home Fries Yogurt W. Grain Muffin	17. Goulash Mixed Vegetables Applesauce W. Grain Roll
20. Cold Turkey Cheddar W. Wheat Bun Cucumber Salad Orange Sun Chips	21. Meatloaf Mashed Potato's Green Beans Peaches W. Wheat Bread	22. Beef Hot Dog/Bun Potato Wedges Corn Banana	23. Shredded Chicken/Bun W. Potato's & Parsley Zucchini/ Yellow Squash Pears	24. Spaghetti W/Meat Sauce Romaine Salad Mixed Fruit W. Wheat Bread
27. BLT Chef Salad Bacon Bits, Red Onion, Tomato, Cheese, Croutons Fruit Salad	28. Cheeseburger/Bun French Fries Peas Mandarin Oranges	29. Ham and Scallop Potato's Green Beans Apple Slices W. Wheat Bread	30. Fish Sticks Diced Potato's Carrots Tropical Fruit W. Grain Roll	
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	SUBSTITION OF THE MONTH IS TURKEY BURGER	PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR DELIVERY		