

Ashland County Council on Aging

May, 2023

Mon	Tue	Wed	Thu	Fri
1. BLT Chicken Chef Bacon, Tomato, Cheese, Croutons Orange W. Grain Muffin	2. Cheeseburger/Bun Baby Bakers Carrots Mixed Fruit	3. Fish Sticks Potato Salad California Blend Applesauce W. Grain Roll	4. Cabbage Rolls Mashed Potato's Green Beans Tropical Fruit W. Wheat Bread	5. Walking Taco Refried Beans Roasted Sweet Corn w/Peppers & Onions Pineapple
8. Beef & Cheddar w/Bun Broccoli Salad Apricots C.C. Granola Bar	9. Turkey & Rice Casserole Zucchini & Tomato's Grapes W. Grain Roll	10. Chili w/Crackers Peas Mandarin Oranges Corn Bread	11. Chicken & Noodle Mashed Potato's Green Beans Peaches W. Wheat Bread	12. Egg Salad/Croissant Pickled Beets Fresh Fruit Strawberry Oatmeal Bar
15. Turkey Chef Salad Egg, Tomato, Cheese, Croutons Pears W. Grain Muffin	16. Alfredo Chicken Tortellini Bake Mixed Vegetables Peaches W. Grain Roll	17. Pulled Pork/Bun Diced Potato's Corn Mixed Fruit	18. Pollock Sweet Potato's Lima Beans Applesauce W. Wheat Bread	19. Lasagna Roll Ups Broccoli Tropical Fruit W. Grain Roll
22. Oriental Chicken Salad Cheese, Craisins, Chow Mein Noodles Pineapple Chunks W. Grain Muffin	23. Goulash Peas & Carrots Mixed Fruit W. Grain Roll	24. Ham & Potato Soup Corn Mandarin Oranges Corn Bread	25. Hamburger Gravy Mashed Potato's Waxed Beans Tropical Fruit W. Wheat Bread	26. Chicken Drumsticks Baby Bakers Carrots Peaches W. Wheat Bread
29. AGENCY CLOSED	30. Tuna Salad/Croissant Three Bean Salad Fruit Cocktail Sun Chips	31. Spaghetti W/Meat Sauce Salad w/dressing Green Beans Mandarin Oranges W. Grain Roll		
PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL		SUBSTITUTION OF THE MONTH IS A BEEF HOTDOG PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITU- TION.		MENU IS SUBJECT TO CHANGE WITHOUT NOTICE